

Please **AMEND** claims 1-13 as follows. The "marked-up" version of the amended claims is provided in APPENDIX A attached hereto.

1. (Amended) An appetite suppressant, comprising:
green tea;
beta-hydroxy beta-methylbutyrate;
green tea leaf extract; and
a chromium additive,
wherein the combination of the green tea, the beta-hydroxy beta-methylbutyrate, the green tea leaf extract, and the chromium additive form the appetite suppressant.
2. (Amended) The appetite suppressant of claim 1, wherein the chromium additive is selected from the group consisting of chromium polynicotinate, chromium amino acid chelate, chromium chloride, and chromium picolinate, and combinations thereof.
3. (Amended) The appetite suppressant of claim 1, further comprising 5-hydroxytryptophan.
4. (Amended) The appetite suppressant of claim 1, wherein the green tea is in an amount ranging from about 175 mg to about 325 mg.
5. (Amended) The appetite suppressant of claim 1, wherein the green tea leaf extract is in an amount ranging from about 10 mg to about 90 mg.

6. (Amended) The appetite suppressant of claim 1, wherein the green tea leaf extract contains about 50% catechin polyphenols.

7. (Amended) The appetite suppressant of claim 1, wherein the green tea is in an amount of about 250 mg and the green tea leaf extract is in an amount of about 50 mg.

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cont. 8. (Amended) The appetite suppressant of claim 1, wherein the appetite suppressant is the form selected from the group consisting of a tablet, a powder, and a capsule.

9. (Amended) The appetite suppressant of claim 1, wherein the chromium additive is in a range from about 50 mg to about 200 mg.

10. (Amended) An appetite suppressant, comprising:

green tea

green tea leaf extract containing catechin polyphenols;

a chromium additive;

5-hydroxytryptophan; and

beta-hydroxy beta-methylbutyrate,

wherein the combination of the green tea, the green tea leaf extract, the chromium additive, the 5-hydroxytryptophan, and the beta-hydroxy beta-methylbutyrate form the appetite suppressant.

11. (Amended) The appetite suppressant of claim 10, wherein the green tea is in an amount ranging from about 180 mg to about 325 mg, and wherein the green tea leaf extract is in an amount ranging from about 35 mg to about 65 mg.

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cont.
12. (Amended) The appetite suppressant of claim 10, wherein appetite suppressant is in a form selected from the group consisting of a tablet, a powder, and a capsule.

13. (Amended) The appetite suppressant of claim 10, wherein the chromium additive is in a range from about 50 mg to about 200 mg.

Please **ADD** new claims 23-25, as follows.

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23. (New) A weight loss composition, comprising:
green tea leaf extract;
beta-hydroxy beta-methylbutyrate; and
a chromium additive,
wherein the combination of the green tea leaf extract, the beta-hydroxy beta-methylbutyrate, and the chromium additive form the weight loss composition and wherein the weight loss composition promotes weight-loss in an individual.